

MILANESA BOX:

Introduced to South America by Italian immigrants, Chicken or beef milanesa is not only one of his favorite meals, it's his Argentinian comfort food. An Argentinian Classic Milanesa Sandwich {breaded chicken or beef served on baguette with tomato, lettuce and mustard} goes well with an Quilmes beer! (Argentina most popular beer)

1 STEP

Preheat the oven to 400°F on a baking tray add vegetable oil (around 4/5tbs) and heat the oil alternatively you have spray oil you can spray the milanesa on each side or if you want the milanesa fried you can add around 1.5cm of oil on your baking tray.

2 STEP

Place the milanesa and bake for 5-7min on each side, until golden.

3 STEP

Top each milanesa with tomato sauce (spread it all over) add the cheese and sprinkle the oregano over the cheese, place the milanesa back in the oven until cheese melts.

4 STEP

Mashed potatoes is ready to eat! you can heat it on microwave: Place the container on a microwaveable plate and heat on full power until piping hot. Stir thoroughly, leave to stand for 1 minute. (800W: 3 1/2 mins, 900W: 3 mins, 1000W: 2 1/2 mins) or oven with a baking tray. **Enjoy!**

| Celsius (fan-forced oven) | Celsius (conventional oven) | Fahrenheit | Gas | |
|------------------------------|--------------------------------|------------|-----|---------------|
| 100° | 120° | 250° | 1 | Very Slow |
| 130° | 150° | 300° | 2 | Slow |
| 140° | 160° | 325° | 3 | Moderate Slow |
| 160° | 180° | 350° | 4 | Moderate |
| 170° | 190° | 375° | 5 | Moderate Hot |
| 180° | 200° | 400° | 6 | Hot |
| 210° | 230° | 450° | 7 | Very Hot |
| 230° | 250° | 500° | 8 | Very Hot |

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